

# Bulletin

TEMPLATE.NET

**APRIL – JUNE EDITION**



## **MESSAGE FROM THE PRINCIPAL**

### Parenting Strategies for Common Challenges

Parenting can be a rewarding yet challenging journey, especially when dealing with common issues like tantrums, screen time management, and homework struggles. To tackle tantrums and meltdowns, it's essential to stay calm and validate your child's feelings, offering choices to give them a sense of control. Teaching coping skills like deep breathing, counting, or talking about feelings can also help. When it comes to screen time, setting boundaries and monitoring content is crucial, while encouraging alternative activities like outdoor play, reading, or creative pursuits can help strike a balance. For homework and study habits, establishing a consistent routine, providing support without doing the work for them, and praising effort rather than just grades can foster a positive learning environment. Additionally, modeling social behavior, role-playing social scenarios, and encouraging empathy can help develop your child's social skills. By establishing a bedtime routine, creating a sleep-conducive environment, and avoiding stimulating activities before bed, you can promote healthy sleep habits. At mealtimes, modeling healthy eating, involving your child in meal planning, and avoiding food battles can encourage balanced eating habits. By adopting these strategies, parents can create a supportive and nurturing environment that allows their child to thrive.

## Parent Testimonial

**Thank you for your valuable feedback**

### **Aadyant is not a school, it's a culture**

My daughter had been re-admitted to Aadyant school since she had major issues settling in a bigger school. She felt a massive cultural shock in formal school. No fun, no engagement. I moved her back to Aadyant school since she had been used to a culture where all 'big people' engage with her with a lot of love, appreciate and encourage her sense of wonder at the age of 3 or 4 or 5, their daily activities that keeps the child engaged constructively, and learning is fun, not a burden, and school is a fun way to learn, not a slaughterhouse. It is very easily visible to everyone the vibe the school has, from the entrance to the reception (Ms. Aastha with her pleasant smile), Ms. Somya who walks one through the admission process and has every child's name on her fingertips, to the class teachers of which I had the pleasure of interacting with three, Ms. Bhavna Oberoi, Ms. Shipra and Ms. Deepika from pre-nursery to nursery sections, they have all been truly gifted teachers with abundant patience. Ms. Vandana Dutta, extremely pleasant and ever helpful person, is one of my go-to persons for every small or big thing. The reason why this school is termed as a culture in my review is that the entire school joins in, when children come in morning and are usually fussy or experiencing big emotions. All the teachers/staff join in to welcome them, walk with them or sing and play with them EVERY SINGLE DAY. It is a culture of nurturance, a culture of persistence, of patience and therefore, of quality education for your child.

- Harsamarth parents

This newsletter gives you a peep into the world of teaching and learning at Aadyant school. We, in this edition, focus on interesting activities and celebrations that have been conducted in the month of April, May and June.

## ACADEMICS (PG & PN)

### TOOTH BRUSHING ACTIVITY

Baby Birdies class participated in a fun and educational Tooth Brushing Activity. Through this activity, the children learned why brushing our teeth is important for keeping them clean and healthy. They enjoyed cleaning a model of teeth and also helped clean the teeth of a girl shown on a chart. The children observed how germs and dirt were removed when we brush our teeth properly, making them shine bright and healthy!



### Exploring Number 1

Our young learners are embarking on a mathematical journey, starting with the number that represents unity and origin - Number 1!

To make learning engaging and interactive, our students participate in various hands-on activities, such as:

1. **Number Tracing:** Tracing the numeral 1 to develop fine motor skills and handwriting.
  2. **Counting Games:** Counting objects, like blocks or toys, to understand the concept of "one".
  3. **Number Rhymes:** Singing songs and reciting rhymes that feature the number 1.
  4. **Real-Life Examples:** Identifying objects in their surroundings that represent the number 1, such as one sun or one nose.
- Through these activities, children develop a strong foundation in numeracy, grasping the concept and value of Number 1 in a fun and meaningful way!



## SHAPES ACTIVITY

Our young learners revised circle and triangle in class. They discovered:-

- Circles are round with no sides or corners
- Triangles have three sides and three corners.

To make learning more enjoyable and meaningful, the children took part in various hands-on activities. They sorted everyday objects based on their shapes, identified circles and triangles in their surroundings, and even participated in fun games and craft activities related to these shapes. By connecting shapes to real-life examples — like the wheels of a bicycle or the slices of a pizza — our students were able to relate these concepts to the world around them. It was wonderful to see their excitement and curiosity as they strengthened their understanding of these fundamental shapes in a playful and interactive way!

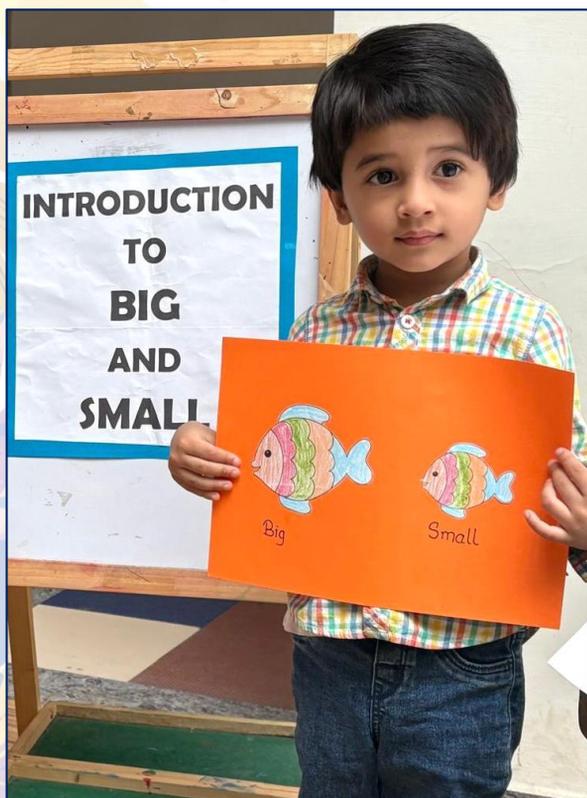


## BIG AND SMALL ACTIVITY

The curious little learners were introduced to the foundational concept of "big" and "small" through a fun and interactive session. The children explored this idea by observing and comparing real-life objects of different sizes, which helped make the learning experience more relatable and engaging.

To reinforce the concept, they also participated in a shape sorting activity, where they classified shapes into big and small categories. This hands-on approach allowed them to actively explore size differences and make meaningful comparisons.

This activity plays an important role in promoting both development and learning. By engaging in size comparison and sorting, the children demonstrated an early understanding of size, spatial...



## ACADEMICS (PG & PN)



### A NEW JOURNEY BEGINS

The first day marks a significant milestone as our tiny tots take their first step into the world of learning at Aadyant School!

As they embark on this exciting adventure, we're reminded that small steps today will lead to big dreams tomorrow.

We extended a warm welcome to each of our new students, inviting them to become an integral part of the Aadyant family.

May this journey be filled with wonder, discovery, and growth, as our young learners explore, create, and thrive in a nurturing environment.

### LEARNING LETTER AND WORD SOUNDS

It is an important part of any language. Therefore, learning to tell sounds apart is a key literacy skill which later helps children to read and write. Children were introduced to the phonic sound "c", which makes the /k/ sound like in cup, car, and cake. The children had a fun and interactive session learning the sound through a variety of engaging activities that helped them see, hear, and feel the sound in action!



## ACADEMICS (PRE-PRIMARY & PRIMARY)

### BIG FUN WITH FOUR DIFFERENT SHAPES

Our nursery learners had so much fun with a hands-on shapes sorting activity! Using colourful objects, they with big learning benefits! It helps improve memory, focus, fine motor skills and early problem solving.



### POMPOM PLUS ACTIVITY

The Pom-Pom Plus activity was a fun, hands-on learning experience that helped children explore early math concepts through colorful, tactile engagement. Using bright pom-poms the children practiced counting, sorting, and simple addition.



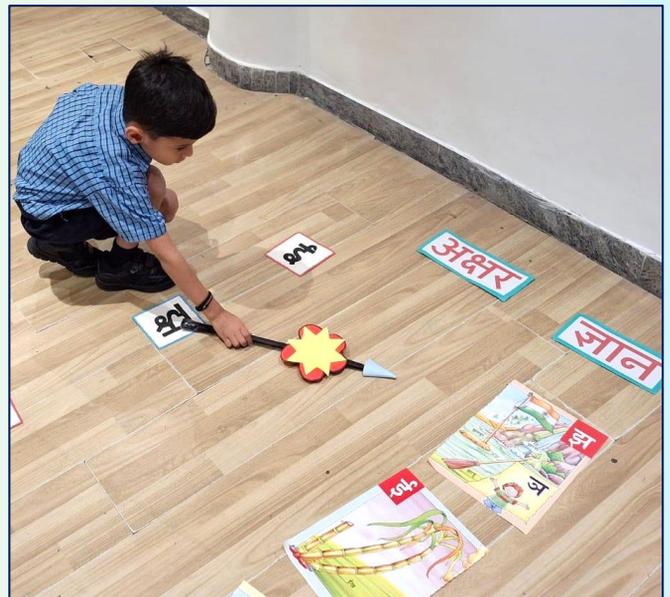
### अक्षर ज्ञान

- ❖ नीचे कुछ चित्र और अक्षर दिए गए हैं।
- ❖ हर चित्र को देखो और सोचो कि वह किस अक्षर से शुरू होता है।
- ❖ चित्र से सही अक्षर तक एक तीर (arrow) मिलाओ।

उदाहरण : चित्र: खरगोश

अक्षर: ख

मैचिंग: खरगोश → ख



## हिंदी पहेली गतिविधि

कक्षा 2 के विद्यार्थियों ने हाल ही में एक मनोरंजक और रोचक हिंदी पहेली गतिविधि में भाग लिया। इस गतिविधि में, बच्चों को एक वर्कशीट दी गई जिसमें बिखरे हुए अक्षरों के बीच कई हिंदी शब्द छुपे हुए थे। उनका कार्य था कि वे ध्यानपूर्वक उन शब्दों को खोजें और पहचानें। जैसे ही वे कोई शब्द खोज लेते, वे उसे अपने पसंदीदा रंगों से रंगते या हाइलाइट करते।

यह गतिविधि न केवल उनके शब्द भंडार को बढ़ाने में सहायक रही, बल्कि उनकी अवलोकन क्षमता और एकाग्रता को भी विकसित करने में मददगार साबित हुई। बच्चों ने इस कार्य को बड़े उत्साह और आनंद के साथ किया। यह भाषा सीखने का एक रचनात्मक और इंटरैक्टिव तरीका था, जिसमें सभी विद्यार्थियों ने पूरे उत्साह और लगन के साथ भाग लिया।



## EXPLORING MULTIPLICATION WITH SQUARE PAPER

For example, to represent  $4 \times 6$ , you can create an array of 4 rows with 6 squares in each row. Counting the total number of squares gives you the product 24! This hands-on approach helps build a strong foundation in math and makes learning multiplication fun and interactive.

## VERTEBRATES

Class 5 students dived into an exciting activity where they observed different types of vertebrates up close!

From feathers to fins, they explored and wrote down unique characteristics of each group.

A hands-on way to make learning fun and meaningful.



## EARTH DAY CELEBRATIONS: (GOING GREEN AT AADYANT SCHOOL)

At Aadyant School, learning is not confined to textbooks — it's about building values, habits, and awareness from the very beginning. This Earth Day, our young learners became eco-warriors as they immersed themselves in a day filled with creativity, curiosity, and environmental consciousness.

The celebration began with a burst of colour and joy through Balloon Printing, where tiny hands used paint-dipped balloons to create beautiful impressions on a giant Earth cutout — symbolizing unity and care for our shared planet. In the Waste Segregation activity, children learned to differentiate between dry and wet waste, understanding the first steps toward responsible disposal and recycling. Their engagement and thou...

### BALLOON STAMPING ON EARTH



### ASSEMBLY BY GRADE1



### SAVE WATER



### EARTH SAVERS & HARMERS



### PLANTING ACTIVITY

# EVENTS

## WORLD PENGUIN DAY

It is celebrated every year on April 25th to raise awareness about these unique and lovable birds. Penguins are flightless birds that live mostly in the Southern Hemisphere, especially in Antarctica. They are known for their black and white feathers, waddling walk, and excellent swimming abilities.

This day is also special because it coincides with the annual northward migration of the Adélie penguins in Antarctica. World Penguin Day reminds us of the importance of protecting penguins and their natural habitats, which are threatened by climate change and pollution.

By learning more about penguins and how to help the environment, we can all play a part in keeping these amazing creatures safe for future generations.



FEED THE PENGUIN



PENGUIN WALK



STORY TIME



PENGUIN HEADGEAR CRAFT

# EVENTS

## MOTHERS DAY

Mother's Day is a celebration honoring mothers and motherhood. It's a time to express love, appreciation and gratitude for all that mothers do. In Aadyant school mothers hold a very important position and that is why we celebrated Mother's Day with great enthusiasm and zeal. We played different games like musical hoopla, balloon game, balancing game and the cherry on top was the ramp walk. The winners were presented with small gifts. Each and every mother was honored and sent home with a token of love and appreciation from Aadyant's end. Playgroup and pre nursery classes showcased beautiful performances dedicated to their mothers.



# EVENTS

## SUMMER CAMP 2025

Aadyant School's Summer Camp for the children aged 2 to 11 years was a resounding success! This month-long celebration combined fun and learning through exciting activities. The camp aimed to blend education with enjoyment, enhancing academic skills while fostering creativity, teamwork and resilience.

While Taekwondo taught children about self-defense, discipline and self-control. In the music class, Sur taal children explored rhythm and phonology and also learnt about various musical instruments. In the art class children learnt about various art forms like tissue art and boho art. Children also delved into the world of science with hands-on experiments. Sustainable explorer, fusion tech, chess, dance and theatre were other activities that were part of the camp. The camp not only imparted knowledge and skills but also created beautiful memories for the children to cherish.



TAEKWONDO



ART AND CRAFT



SUR TAAL



SUSTAINABLE ACTIVITY



AQUA MANIA



SCIENCE EXPERIMENT